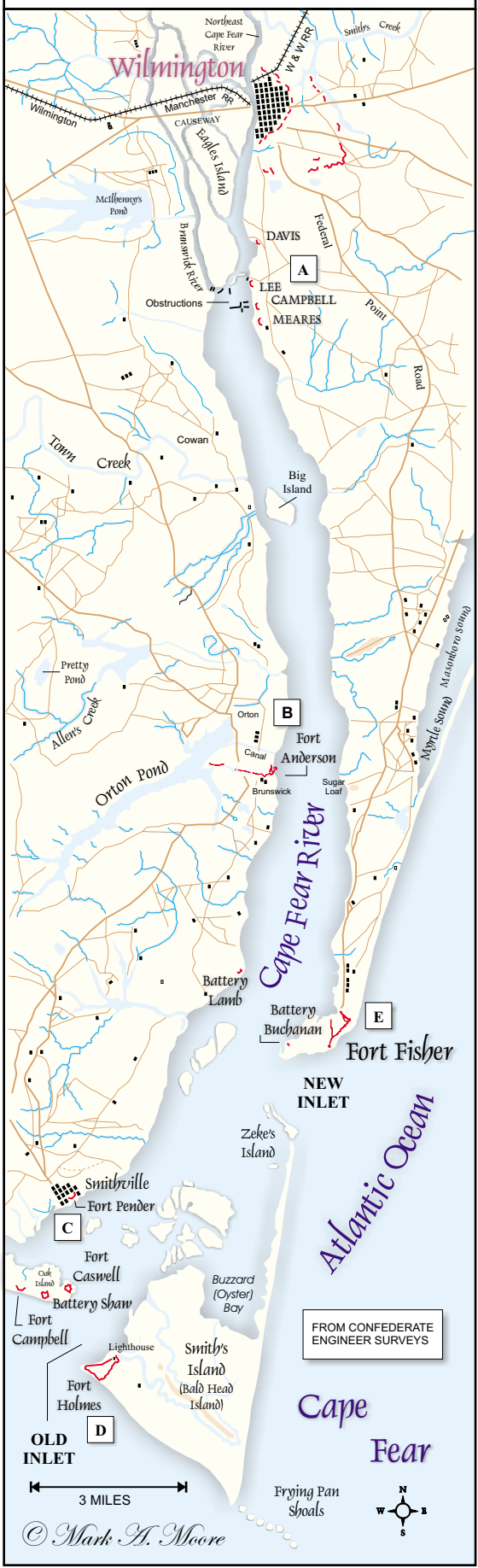The Cape Fear Estuary and Approaches to Wilmington